



Roxy B. Rucker

is a Massachusetts-based media creator, healer, author, and disability advocate dedicated to amplifying lived experiences within the disability community. She is the host of the TV show Embracing What's Possible with Roxy, an award-winning contributing author to the book Blessed, and the creator of a confidence journal.

Roxy is the founder of Embracing Disability, a media platform focused on sharing real stories, increasing representation, and creating more inclusive conversations around disability, accessibility, and community.

She is also the founder of Embracing Wellness by Roxy, where she offers healing and wellness support. Through interviews, articles, and media projects, she highlights remarkable individuals and works to ensure disabled voices are seen and heard.



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disability

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WHAT'S POSSIBLE WITH ROXY

Popular Speaking Topics

- Inclusion Spaces in the Media
- The Power of Sharing Lived Experiences
- Creating A More Inclusive World for People with Disabilities
- Adaptive Fashion and Accessibility
- Healing, Resilience, and Confidence
- Stories of Remarkable People in the Disability Community
- A Hug Knows No Disability
- Adapting Fashion for A World That Doesn't Fit It



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